

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Gold Menu Autumn 2017

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	Main	Sausages with Mashed Potato and Gravy	Chicken Tikka & Rice	Roast Gammon with Roast Potatoes and Gravy	Organic Beef Mince Cottage Pie	MSC salmon fishcake with Chips
	Vegetarian	Vegetable Cottage Pie with Mashed Potato Topping	Sweet & Sour Vegetables with Rice	Vegetable pasty with Roast Potatoes and Gravy	Quorn Sausage with Mashed Potato and Gravy	Roasted Vegetable fajita Wrap
		Jacket Potato with Tuna	Tomato Soup & Filled Baguette	Jacket Potato with Cheese	Vegetable Soup & Filled Baguette	Jacket Potato with Beans
	Dessert	Cauliflower Peas Apple & Vanilla Oaty Crumble with Custard Yoghurt Fresh Fruit Platter	Carrots Green Beans Banana Cake & Custard Yoghurt Fresh Fruit Salad	Savoy Cabbage Swede Chocolate sponge with chocolate icing Yoghurt Fresh Fruit Platter	Sweet corn Carrots Apple Pie & Custard Yoghurt Fresh Fruit Salad	Baked Beans Garden Peas Flapjack Yoghurt Fresh Fruit Chunks
WEEK 2	Main	Beef Burger in a bun with Jacket Wedges	Chicken Neapolitan pasta	Roast Turkey with Roast Potatoes and Gravy	Organic Beef Mince Tortilla Stack	MSC Fish Fingers with Chips
	Vegetarian	Bean & vegetable Hotpot with Jacket Wedges	Macaroni Cheese with Garlic Slice	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Vegetable Pasta Bolognese	Cheese & Tomato Quiche with Chips
		Jacket Potato with Tuna	Tomato Soup & Filled Baguette	Jacket Potato with Cheese	Vegetable Soup & Filled Baguette	Jacket Potato with Beans
	Dessert	Coleslaw Sweet corn Pineapple Upside Down Cake with Custard Yoghurt Fresh Fruit Platter	Broccoli Carrots Lemon Mixed Berry cake & Custard Yoghurt Fresh Fruit Chunks	Carrots Green Beans Vanilla Shortbread Fresh Fruit Salad	Roasted Mixed Vegetables Eves Pudding with Custard Yoghurt Fresh Fruit Platter	Baked Beans Garden Peas Chocolate Brownie Yoghurt Fresh Fruit Chunks
WEEK 3	Main	BBQ Chicken Pizza with Jacket Wedges	Organic Beef Mince Chilli with Rice	Roast Chicken with Stuffing with Roast Potatoes and Gravy	Organic Beef Mince Pasta Bolognese	MSC or Battered Fish with Chips
	Vegetarian	Vegetable tortilla Stack	Lentil & Sweet Potato Curry with Rice	Vegetable Wellington with Roast Potatoes and Gravy	Cheese Tomato Pizza with Wedges	Spanish Omelette with Chips
		Jacket Potato with Tuna	Tomato Soup & Filled Baguette	Jacket Potato with Cheese	Vegetable Soup & Filled Baguette	Jacket Potato with Beans
	Dessert	Sweet corn Mixed Peppers Pear Sponge with Custard Yoghurt Fresh Fruit Platter	Green Beans Glazed carrots Apple Crumble & Custard Yoghurt Fresh Fruit Salad	Savoy Cabbage Sweetcorn Chocolate Crunch Yoghurt Fresh Fruit Chunks	Broccoli Mixed Salad Jam Sponge with Custard Yoghurt Fresh Fruit Salad	Garden Peas Baked Beans Lemon drizzle cake Yoghurt Fresh Fruit Platter



Available Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection
Fresh fruit and yoghurt