Kings Stanley TUESDAY THURSDAY WEDNESDAY FRIDAY MONDAY Autumn Winter Menu 2023/2024 **WEEK ONE** Roast Chicken with Spaghetti Bolognaise Fish Fingers with Chips & Macaroni Cheese BBQ Chicken with Rice Option One with Homemade Roast Potatoes & Gravy Tomato Ketchup Garlic Bread Vegetable Curry with Cheese Quiche with Chips Tomato Arrabiata Vegetable Shepherdess Pie 6 November Option Two Rice Pasta Sausages with Roast & Tomato Ketchup 27 November Potatoes & Gravy Jacket Potato with Jacket Potato with Jacket Potato with 18 December Jacket Potato with Jacket Potato with Option Three Baked Beans, Cheese Cheese or Tuna Baked Beans, Cheese Baked Beans or Baked Beans or 22 January or Tuna Mayonnaise Mayonnaise or Tuna Mayonnaise Cheese Cheese 19 February Vegetables Seasonal Vegetables Seasonal Vegetables Green Beans & Baked Beans Seasonal Vegetables Seasonal Vegetables 11 March Strawberry Jelly with Orange Drizzle Cake with Apple Crumble with Dessert Chocolate Shortbread Cinnamon Swirl Mandarins Custard Custard Greek Chicken Pitta with **WEEK TWO** Vegan Spaghetti Roast Chicken with Stuffing Fish Fingers with Chips & Beef & Onion Pie Cucumber Dip & Potato Option One Roast Potatoes & Gravy Boloanaise Tomato Ketchup Wedges Spinach & Cheese Whirl with Sweet Potato & Spinach Cucumber Dip & Potato Spanish Omelette with Flan with Roast Potatoes 13 November Cheese & Tomato Pizza Vegetable Fajitas with Rice Option Two Rice Wedges & Gravv with Chips 4 December Jacket Potato with 8 January Jacket Potato with Jacket Potato with Baked Jacket Potato with Baked Jacket Potato with Option Three Baked Beans or Baked Beans, Cheese Cheese or Tuna Beans, Cheese or Salmon Beans, Cheese or Tuna 29 January Cheese or Tuna Mayonnaise Mayonnaise Mayonnaise Mayonnaise 26 February Seasonal Vegetables Green Beans & Baked Beans Vegetables Seasonal Vegetables Seasonal Vegetables Greek Salad 18 March Chocolate Orange **Eves Pudding with** Plum & Vanilla Crumble Dessert Lemon & Berry Cake Cinnamon Cookie 🔷 Chocolate Sauce Cookie with Custard Peri Peri Chicken Cheesy Bean Pasty with Fish Fingers with Chips & Roast Gammon with Chicken & Broccoli Pasta WEEK THREE Option One with Rice Tomato Ketchup Rice Roast Potatoes & Gravy Cheese & Tomato Pizza with Cheese & Red Pepper Quorn Burger with Potato Tomato Arrabiata Vegetable Loaf with Roast Option Two 20 November **New Potatoes** Frittata with Chips & Wedaes Pasta Potatoes & Gravy Tomato Ketchup 11 December Jacket Potato with Jacket Potato with Jacket Potato with Jacket Potato with 15 January Jacket Potato with Option Three Baked Beans, Cheese Baked Beans or Baked Beans, Cheese Baked Beans or Cheese or Tuna **5** February or Tuna Mayonnaise Cheese or Tuna Mayonnaise Cheese Mayonnaise 4 March Vegetables Seasonal Vegetables Seasonal Vegetables Seasonal Vegetables Seasonal Vegetables Green Beans & Baked Beans Pear & Chocolate Upside Peach Crumble with Strawberry Jelly Vanilla Shortbread Dessert Fruity Shortbread 🚕 Down Cake with Custard Custard

#### MENU KEY



Added Plant Power



Wholemeal



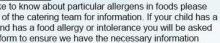


Chef's Special

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is

ALLERGY INFORMATION:

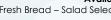




not possible to completely remove the risk of cross contamination.



























Kings Stanley **Autumn Winter** Menu 2023/2024 **6 November** 27 November 18 December 22 January 19 February 11 March **WEEK TWO** 13 November 4 December

8 January

29 January

26 February

18 March

WEEK THREE

20 November

11 December

15 January

5 February

4 March

# **MONDAY**

#### TUESDAY

## WEDNESDAY

## **THURSDAY**

### FRIDAY

**WEEK ONE** 

Option Two

Option Three

Option One

Vegetables

Dessert

Option One

Option Two

Option Three

Vegetables

Dessert

Option One

Option Two

**Option Three** 

Vegetables

Dessert

V11 Macaroni Cheese

V199 Vegetable Curry with SD84 Rice

SD55 Jacket Potato with SD22 Baked Beans or V85 Cheese

**SD28** Carrots **SD24** Green Beans

**D244** Cinnamon Swirl

V233 Vegan Bolognaise with

**SD8** Spaghetti

**GR2** Spinach & Cheese

Whirl with GR3 Cucumber

Dip & SD6 Wedges

SD55 Jacket Potato with

SD22 Baked Beans or

V85 Cheese

SD20 Broccoli

**SD28** Carrots

D183 Lemon & Berry Cake

**V191** Cheesy Bean Pasty

with SD84 Rice

V188 Tomato Arrabiata with

SD11 Pasta

SD55 Jacket Potato with

SD22 Baked Beans or

V85 Cheese

**SD28** Carrots

SD20 Broccoli

**D57** Vanilla Shortbread

C89 BBQ Chicken with SD84 Rice

V188 Tomato Arrabiata with **SD11** Pasta

SD55 Jacket Potato with SD22 Baked Beans, V85 Cheese or F11 Tuna Mayonnaise

**SD28** Carrots SD20 Broccoli D182 Orange Drizzle Cake with **D2** Custard

**B54** Beef & Onion Pie - Pea Free

V218 Spanish Omelette with SD84 Rice

SD55 Jacket Potato with SD22 Baked Beans, V85 Cheese or F11 Tuna Mayonnaise

> **SD24** Green Beans SD28 Carrots

**D189** Eves Pudding with D3 Chocolate Sauce

C88 Chicken & Broccoli Pasta

V231 Cheese & Tomato Pizza with SD2 New Potatoes

\$D55 Jacket Potato with SD22 Baked Beans, V85 Cheese or F11 Tuna Mayonnaise

SD24 Green Beans SD28 Carrots

**D207** Pear and Chocolate Upside Down Cake with **D2** Custard

C4 Roast Chicken with **SD7 SD82** Roast Potatoes & SD118 Gravv

V125 Vegetable Sausage with SD7 SD82 Roast Potatoes & SD118 Gravy

**SD55** Jacket Potato with SD22 Baked Beans or V85 Cheese

> **SD24** Green Beans SD23 Cabbage

D235 Strawberry Jelly with Mandarins

C4 Roast Chicken with SD40 Stuffing, SD7 SD82 Roast Potatoes & SD118 Gravy

V213 Sweet Potato & Spinach Flan with SD7 SD82 Roast Potatoes & SD118 Gravy

SD55 Jacket Potato with SD22 Baked Beans, V85 Cheese or F32 Salmon Mayonnaise

> **SD28** Carrots SD23 Cabbage

**D230** Chocolate Orange Cookie

P5 Roast Gammon with SD7 SD82 Roast Potatoes & SD118 Gravy

TD56 Vegetable Loaf with SD7 SD82 Roast Potatoes & SD118 Gravy

\$D55 Jacket Potato with SD22 Baked Beans or V85 Cheese

> SD20 Broccoli SD23 Cabbage

**D245** Strawberry Jelly

SD8 Spaghetti B2 Bolognaise with Homemade SD50 Garlic Bread

**V245** Shepherdess Pie – Pea Free

SD55 Jacket Potato with SD22 Baked Beans, V85 Cheese or F11 Tuna Mayonnaise

> SD20 Broccoli **SD28** Carrots

D242 Apple Crumble with D2 Custard

**GR1** Greek Chicken Pitta with GR3 Cucumber Dip & SD6 Wedges

V63 Vegetable Fajitas with SD84 Rice

SD55 Jacket Potato with SD22 Baked Beans, V85 Cheese or F11 Tuna Mayonnaise

> **GR4** Greek Salad SD20 Broccoli

D240 Plum & Vanilla Crumble with **D2** Custard

C77 Peri Peri Chicken with SD84 Rice

> V47 Quorn Burger with SD6 Potato Wedges

SD55 Jacket Potato with SD22 Baked Beans, V85 Cheese or F11 Tuna Mayonnaise

SD28 Carrots **SD24** Green Beans

**D238** Peach Crumble with **D2** Custard ALLERGY INFORMATION: F6 Fish Fingers with SD5 Chips & **SD14** Tomato Ketchup

V189 Cheese Quiche with SD5 Chips & SD14 Tomato Ketchup

SD55 Jacket Potato with V85 Cheese or F11 Tuna Mayonnaise

> **SD24** Green Beans SD22 Baked Beans

**D80** Chocolate Shortbread

F6 Fish Fingers with SD5 Chips &

**SD14** Tomato Ketchup

V231 Cheese & Tomato Pizza with **SD5** Chips

SD55 Jacket Potato with V85 Cheese or F11 Tuna Mayonnaise

> **SD24** Green Beans **SD22** Baked Beans

D195 Cinnamon Cookie

F6 Fish Fingers with SD5 Chips & **SD14** Tomato Ketchup

V24 Cheese & Red Pepper Frittata with SD5 Chips & SD14 Tomato Ketchup

SD55 Jacket Potato with V85 Cheese or F11 Tuna Mayonnaise

> SD24 Green Beans SD22 Baked Beans

**D96** Fruity Shortbread

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MENU KEY



Added Plant Power



Wholemeal



Veaan



Chef's Special

Available Daily:

Fresh Bread - Salad Selection - Fresh Fruit and Yoahurt











