

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Autumn menu 2018

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 3/9/18 24/9/18 15/10/18 12/11/18 3/12/18	Main	Cheese & Tomato Pizza	Cottage Pie with Gravy	Roast Gammon with Roast Potatoes and Gravy	Chicken Curry with Rice	MSC Fish fingers with Chips or pasta
	Vegetarian	Vegetable Hotpot	Vegetable Fajita with Rice	Quorn Roast with Roast Potatoes and Gravy	Macaroni Cheese with Garlic Slice	Vegetable pasty with Chips
	Jacket Potato	Jacket Potato with Tuna	Tomato soup with ½ Filled Baguette	Jacket Potato with Cheese	Vegetable with ½ Filled Baguette	Jacket Potato with Beans
	Dessert	Sweetcorn Peas	Green Beans Carrots	Carrot Cauliflower	Sweet corn Broccoli	Baked Beans Garden Peas
		Apple Crumble & Custard Yoghurt Fresh Fruit Platter	Chocolate Cocoa Cookie Yoghurt Fresh Fruit Salad	Chocolate banana Oaty Square Yoghurt Fresh Fruit Platter	Iced Sponge Yoghurt Fresh Fruit Salad	Cheese, Biscuits & Apple Yoghurt and Fruit Station
Week 2 10/9/18 1/10/18 29/10/18 19/11/18 10/12/18	Main	Cheese & Tomato Pizza	Sausages & Mash with Gravy	Roast Chicken with Stuffing Roast Potatoes and Gravy	Spaghetti Beef Bolognese	MSC Fishwich with Chips or pasts
	Vegetarian	Lentil & Sweet Potato Curry with Rice	Quorn Mince Bolognese with Spaghetti	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Vegetable lasagne with Garlic Slice	Cheese & Tomato Quiche with Chips
	Jacket Potato	Jacket Potato with Tuna	Tomato soup with ½ Filled Baguette	Jacket Potato with cheese	Vegetable soup with ½ Filled Baguette	Jacket Potato with Beans
	Dessert	Carrots sweetcorn	Peas Carrots	Seasonal vegetables	Green Beans Carrots	Baked Beans Garden Peas
		Fruit Sponge with Custard Yoghurt Fresh Fruit Platter	Flapjack Yoghurt Fresh Fruit Chunks	Shortbread Yoghurt Fresh Fruit Salad	Chocolate sponge and custard Yoghurt Fresh Fruit Platter	Cheese, Biscuits & Apple Yoghurt and Fruit Station
Week 3 17/9/18 8/10/18 5/11/18 26/11/18 17/12/18	Main	Cheese & Tomato Pizza	Beef Pastitchio	Roast Pork Roast Potatoes and Gravy	Meatballs with Rice	MSC Battered Fish with Chips or Pata
	Vegetarian	Five Bean Chilli with Rice	Vegetable Frittata	Vegetable Wellington with Roast Potatoes and Gravy	Shepherdess Pie	Bean Burger with Chips
	Jacket Potato	Jacket Potato with Tuna	Tomato soup with ½ Filled Baguette	Jacket Potato with cheese	Vegetable soup with ½ Filled baguette	Jacket Potato with Beans
	Dessert	Sweet corn Mixed Salad	Green Beans Carrots	Savoy Cabbage Sweetcorn	Broccoli Carrots	Baked Beans Garden Peas
		Pear & Ginger Sponge Yoghurt	Lemon Drizzle Cake Yoghurt	Chocolate Brownie Yoghurt	Banana Cake with Custard Yoghurt	Cheese, Biscuits & Apple Yoghurt and Fruit Station